



NEW MEXICO MONITORED TREATMENT PROGRAM

How do we refer a colleague to New Mexico Monitored Treatment Program?

Participation in MTP is either by referral from a third party referent or licensing board or by individual self-referral. MTP provides services to both voluntary and mandatory participants.

- ***Voluntary participants*** are those individuals who, though not required by their licensing entities, employer or training institutions to obtain services, recognize the need and value of obtaining professional assistance.
- ***Mandatory participants*** are those individuals who are compelled, as a condition of licensure and/or their employment or training, to obtain MTP's services.

Third party referrals to MTP can be made either informally or formally

An ***informal referral*** is a suggestion to a colleague that MTP might be able to provide beneficial services to that individual.

- The suggestion that the individual contact MTP is made casually.
- The discussion with the individual is not recorded.
- The individual's contact with MTP is kept confidential.
- Follow-up from MTP to the referent is not expected.

A ***formal referral*** is an expectation that the individual make contact with MTP.

- This expectation typically comes from an organization (usually through a representative) to an individual.
- The expectation is usually preceded by a formal discussion in which documented workplace issues are enumerated to the individual.
- There is a written record of the formal referral and the behavior that is expected.
- Following through with the referral and the subsequent treatment recommendations is frequently cited as a condition of return to work and/or continued employment.
- Regular (usually quarterly) compliance reports from MTP to the employer are typically provided.